

Health Promotion Matters

Newsletter of the Health Promotion Research Center

SEPTEMBER 2024



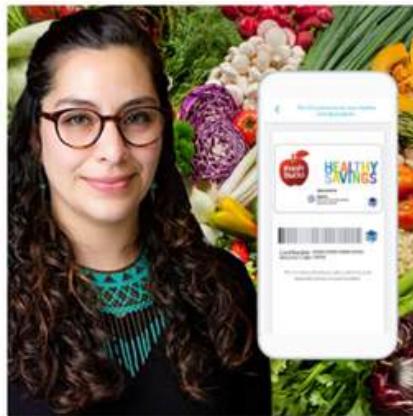
ROSSEY Implementation Handbook

Created by the ROSSEY team, this guide provides researchers with practical strategies and tools to foster school-academic partnerships for public health emergencies. [Learn More](#) and [Access the handbook](#).

HPRC hosts SHPEP Scholars

This summer, HPRC hosted six undergraduate scholars from the Summer Health Professions Education Program. [Learn more about the students and their work.](#)





SIP project noted in Yahoo Life

One of HPRC's Special Interest Projects (SIPs) was highlighted in an article by Yahoo Life. The project, led by Dr. Basia Belza, studied the benefits of mall walking as an accessible form of physical activity.

[Read the article](#)

Miriana Duran receives Magnuson Scholarship

Dr. Miriana Duran, PhD student and research scientist at HPRC, received the Magnuson Scholarship to support her PhD research. Her research focuses on mental health impacts of Seattle's Fresh Bucks program. [Learn more](#)

Enhance®Fitness highlighted in CDC Issue Brief

For 20 years, HPRC has partnered with Sound Generations on Enhance®Fitness. Learn more about how we partner to bring this program to older adults across Washington. [Read the Issue Brief](#)



Farewell, Yael

Last month, HPRC said farewell to Yael Yanich, our center's Administrative Assistant, who retired on August 9th. Yael has been an integral part of our team since 1998. Over the past 25 years, Yael has kept us connected on track. From assisting with our center's Seminars to supporting our All-Personnel and Community Advisory Board meetings. She developed and drew the artwork for the [Rapid Assessment for Physical Activity \(RAPA\) tool](#), which has been downloaded over 4,000 times and translated into 14 languages – a contribution with incredible global reach. We are grateful to Yael for the countless ways she helped support the center and our team. We will miss her and wish her the best of luck on her new journey. Thank you, Yael!

Team Updates

Welcome:

- **Tenney Davis**, who joined HPRC in January 2024 as research assistant, graduated in June and has been hired as a research coordinator supporting cancer prevention and control projects under the direction of Thuy Vu.

Farewell:

- **Erica Chavez Santos** graduated with her PhD in Health Systems and Population Health in June and is now focusing on equity-centered occupational health research at the Work Equity Research Center at L&I.
- **Sarah Domai** graduated with her MPH in Health Systems and Population Health in June and looks forward to further developing her skills in data analysis and visualization and use them to improve our healthcare system.
- **Jenny Kim** graduated with her MPH in Health Systems and Population Health in June and hopes to continue working in community health research and practice either at the state or local level.
- **Ka Yi (Carolyn) Lo** graduated with her BS in Psychology in June and hopes to contribute to organizations where she can advocate for the importance of mental health.
- **Ricardo Moreno Garcia** graduated with his BS in Public Health-Global Health in June and plans to pursue an MPH in Global Health to better support the BIPOC community.

Recent Publications

[**Remote Evidence-Based Programs for Health Promotion to Support Older Adults During the COVID-19 Pandemic and Beyond: Mixed Methods Outcome Evaluation**](#) Steinman L, Chadwick K, Chavez Santos E, Sravanam S, Johnson SS, Rensem E, Mayotte C, Denison P, Lorig K (June 2024)

[**The Solutions in Health Analytics for Rural Equity Across the Northwest \(SHARE-NW\)**](#)

[**Dashboard for Health Equity in Rural Public Health: Usability Evaluation**](#) Heitkemper E, Hulse S, Bekemeier B, Schultz M, Whitman G, Turner AM (June 2024)



PRC Network Participant

The UW Health Promotion Research Center is a [CDC Prevention Research Centers network member](#), building healthier communities together for more than 30 years.

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