



UNIVERSITY *of* WASHINGTON

# Health Promotion Matters

Newsletter of the UW Health Promotion Research Center

MARCH 2025



## Latino Workplace Project

Workplace wellness programs can assist in improving employee health and well-being by boosting morale and retention while decreasing absenteeism and turnover. The Health Equity Action Research Team (HEART) collaborated with small (10 employees or less) Latino-owned businesses to identify key barriers and facilitators to adopting health promotion interventions in their businesses. They also focused on determining how Connect to Wellness could be culturally and structurally tailored for Latino-owned businesses.

[READ MORE](#)





### The PATHSS study

The Participatory Active Transportation for Health in South Seattle (PATHSS) study highlights the powerful role of community engagement in shaping transportation policy. [Read the article.](#)



### Three new projects announced

HPRC is pleased to announce a few of our newest projects for older adult health and community-driven evaluation. [Read more to learn what we are working on.](#)

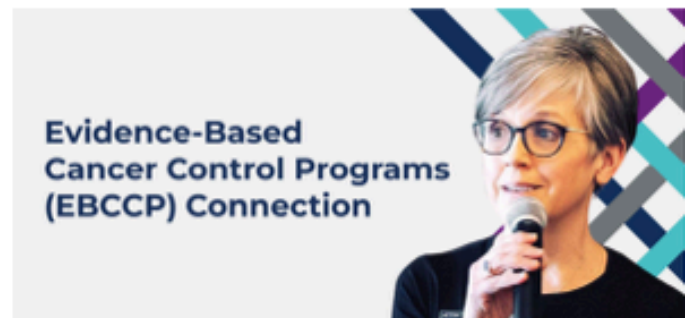


### PEARLS highlighted in CDC Issue Brief

Designed with community input, PEARLS expands access to mental health services for underserved older adults without requiring a diagnosis. [See the issue brief highlighting our work.](#)

### Enhance®Fitness spotlighted by National Cancer Institute (NCI)

Enhance®Fitness was spotlighted as an [Evidence-based Cancer Control Program](#). NCI highlighted CAB member Paige Denison to note the achievement. [Read here.](#)



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## Congratulations to HPRC Students Magali, Norma & Miriam



**Congratulations to Magali Sanchez, Norma Garfias Avila and Miriam Flores (pictured in order above) who recently advanced to candidacy for their PhDs!** Magali is studying “Equity in National Influenza Vaccination Programs: An Assessment of Neighborhood Disadvantage and Influenza Vaccination Strategies.” Norma is investigating “How much do red and processed meats affect our gut health? The EAT-WELL study.” Miriam is examining “Beyond the Crops: The Health Impacts of Precarious Farmwork.” We are excited to see their work and the contributions they will make to their communities and public health.

## TEAM UPDATES

### WELCOME:

- **Perla Bravo**, who worked as an HPRC research assistant in 2020 as an MPH student, returned to HPRC in December as a research coordinator supporting PEARLS and the FRESH project.
- **Kimiko Oshima**, who joined HPRC in January 2025 as a graduate research assistant supporting cancer prevention and control projects under the direction of Thuy Vu and Peggy Hannon.
- **Evelyn I. Grijalva Martinez**, who joined HPRC in December 2024 as graduate research assistant supporting HEART and FRESH projects under the direction of KeliAnne Hara-Hubbard.

### FAREWELL

- **Sherry Wu**, research coordinator supporting PEARLS under Lesley Steinman, departed HPRC in December to pursue new opportunities with Aging and Disability Services. Best of luck, Sherry!



- **Linda Ko**, has transitioned from Associate Chair of Research in the Department of Health Systems and Population Health to Vice Chair for Research in the Department of Family Medicine at USC Keck School of Medicine. Congratulations on this new role!

## Recent Publications

### **Factors that shape COVID-19 pediatric vaccine decision-making in rural agricultural communities: A qualitative study.**

Pascoe, Kelley M., Sonia Bishop, Xuehan Ci, Magaly Ramirez, Georgina Perez, Genoveva Ibarra, Lorenzo Garza, Linda S, Duran M, Chae HY, Quigley T, Hassell L, Garrison MM, Drain PK, Shah PD, Ko LK (Dec 2024)

### **Opportunities to Improve Health Equity for Employees in Low-Wage Industries in the United States.**

Hannon, P. A., Harris, J. R., & Doody, D. R. (Nov 2024)

### **Evaluation of a Latino Brain Health Fair for Alzheimer's Disease Education and Research.**

Kehne T, Rojina J, Ko LK, Bishop S, Pascoe K, Domoto-Reilly K, Anaya-Carmona I, Torres K. (Nov 2024)

### **Evaluation of an Alzheimer's Disease Training for Latinx Community Health**

**Workers.** Bishop S, Pascoe K, Rojina J, Lopez K, Kehne T, Torres K, Domoto-Reilly K, Ko LK. (Nov 2024)

### **Community-Engaged Research With Social Service Organizations for Older Adult Mental Health Equity.**

Steinman, Lesley, Mary Mitchell, and Sherry Wu. (Nov 2024)



#### **PRC Network Participant**

The UW Health Promotion Research Center is a [CDC Prevention Research Centers network member](#), building healthier communities together for more than 30 years.

#### **PREVIOUS HPRC NEWSLETTERS**



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